



MISSION muffins

*A Central Union Mission
Workforce Development Program*

Can Muffins have a Mission? Ours Do!

Our muffins empower people to escape homelessness, poverty and joblessness with a new start and a new life full of hope, meaning and achievement.

What's in a box of Mission Muffins?

Each box contains fresh, handmade baked goods produced, marketed and sold by those participating in Mission Muffins, a job training program for employees experiencing housing insecurity run by Central Union Mission.

Each box is also full of hope: Hope for a future, a better life and freedom from the things that keep men chained to the past. You help provide that hope by supporting Mission Muffins and buying our baked goods.

Stop by the Mission Muffins food truck at 65 Massachusetts Ave., NW, or order through missionmuffins.org, and help change the life of an employee experiencing housing insecurity

A Few of Our Delicious Muffin Flavors



Singin' the Bluesberry

Delicious blueberry muffins full of, well, full of blueberries and bursting with flavor! You'll surely be singing the blues—when they're GONE.

Oh, My Darlin' Cranberry-Clementine

Clementines and cranberries in a delicious muffin that is topped with sugar for a sweet little crunch. Now try to get the tune out of your head!

Chocoholics Unanimous

A rich, chocolaty muffin loaded with semi-sweet mini chips. It's unanimous: this is definitely for all you chocoholics.

Bananas and Milk (Chocolate Chips, That Is)

A wonderfully moist banana muffin loaded with milk chocolate chips.

We also have Vegan Muffins!

The Lemon Thrill On Blueberry Hill

A delicious blueberry muffin. Pureed lemon and bountiful berries make it a truly thrilling experience!

Sarah's Pumpkin Patch

Sarah gave us the recipe for these delicious pumpkin muffins that are fragrant with spices. Too good just to bring out in the fall, so enjoy them all year long!

Tropical Trinity

Banana, pineapple and coconut give these bite-sized morsels a sweet taste of the tropics that will have you listening for the sound of the surf.

Plus Delicate Scones

Lemon Scones Very Pretty

Named after a song written by Will Holt and popularized by the likes of Peter, Paul & Mary, Trini Lopez and The Kingston Trio, this delightful lemon scone will prove that the fruit of the lemon tree is not impossible to eat—at least, not after we get through with it!



I Guess That's Why They Call It the Bluesberry Scone

Elton John wrote the song, and we made the scone. One bite, and you'll be humming the tune and asking for more!

Under the Cinnamon Tree

Like the lyrics in Esperanza Spalding's song, "For spice when days are dull and dreary"—or even when they're bright and sunny—our cinnamon chip scone and a cup of Mission Mud is the perfect way to start any day.

And Savory or Sweet Handheld Pies

Exclusively at our concessions truck: breakfast, lunch and fruit-filled handheld pies. Select from rich pastry-covered egg and cheese, spicy meat and crispy dessert pillows for a memorable meal.

What's More?

You'll love our Mission Mud coffee, specially roasted just for us, in a hot cup to go or whole beans for home. We also offer Mission Muffins t-shirts, hats and other merchandise.

Our Muffins' Mission

As part of Central Union Mission's Workforce Development program, our employees learn baking, retail, marketing and business skills that make them ready for the job market.

During their training period, we work with local businesses and agencies to find the men permanent employment or entrepreneurial opportunities. Employees live at the Mission's shelter at no cost and save their wages for permanent housing.

At Mission Muffins, we believe we can replace dependence (Will Work for Food) with responsibility (Will Work for My Future), pairing the employee's potential with his or her determination to succeed. Regardless of the past—poverty, abuse, addiction, illiteracy, violence, ill health, prison, etc.—we believe each person can have a purposeful future.

Every time you support Mission Muffins, not only are you getting some of the best baked goods money can buy, but you are helping to train and equip a formerly homeless or unemployed individual to return to society.

Who would have thought that doing good could taste so good?

To order, *visit missionmuffins.org.*



Central Union Mission, the oldest private social service agency in Washington, DC, was created in 1884 to help Civil War veterans adrift in the nation's capital. Today, the Mission sponsors Workforce Development & Education programs like Mission Muffins, provides emergency food and shelter for men, distributes free food and education to families and senior citizens, and operates a summer camp for children.

How You Can Support The Mission and This Program:

- Cash donations
- Buy our products for your home, work, church or school events
- Bring our program into your church
- Hire our program graduates



"No one should live hungry and homeless"
Matthew 25:35-40

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