



central union MISSION

Annual Report **2018**

No One Should Live Hungry and Homeless

Mission Muffins, one of our best known Workforce Development & Education programs, teaches participants how to bake, market and sell delicious baked goods and coffee both at the onsite Mission Muffin food truck and at other area venues.

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Photo credits: Scott Streble, Doris Sump, Phillip Ford





President Joe Mettimano (right) began his leadership at Central Union Mission with a town hall meeting for guests, media and staff.

If you spend yourselves in behalf of the hungry and satisfy the needs of the oppressed, then your light will rise in the darkness, and your night will become like the noonday.

Isaiah 58:10

A Message from the President

As the cost of living in Washington, DC, increases, more people are coming to Central Union Mission for help every day—because we believe no one should live hungry and homeless. Not only is Central Union Mission working to end homelessness through our men's shelter and programs, but we also help prevent homelessness for families through the Family Ministry Center and diverse programs for men, women and children.

This annual report summarizes what was accomplished with the help of our generous donors and volunteers in fiscal year 2018. You did more than provide food, clothing and shelter. You helped men acquire jobs. You gave parents food and clothing so they could spend their wages on utility bills. You gave impoverished children their best summer ever at Camp Bennett. You shared the Gospel message. Because of your generosity, you changed lives forever.

Central Union Mission does not use government funding; all of our support comes from private companies, foundations, churches, civic groups and individual donors like you. We thank you for your compassion and for your continued support in the year ahead.

Joseph Mettimano



We served **188,667** nutritious meals at the shelter, with about 200 guests for three meals every day.

Food

\$7,929,652 worth of food, which provided over three million critically needed meals, was distributed through the Mission's shelter and Family Ministry Center programs.

At the Family Ministry Center this year, we provided over **288,000** bags of groceries to Relief & Restoration and Emergency Relief program members—including individuals, families, parents, seniors and children—as well as to community partners serving other neighbors in need. At the shelter, healthy meals encourage hungry and isolated men experiencing homelessness and help provide hope and a sense of community.



Shelter

The Mission's men's shelter provided **63,057** bed-nights of clean and safe shelter for men experiencing homelessness, and **24** newly employed program graduates lived at our Gospel Mission House transitional housing.

The shelter also offers comprehensive in-house services, including: medical, dental and psychiatric care; addiction recovery; veteran's support; spiritual direction; vocational

training; education; employment placement; legal support and social services.

The Mission shelter ran at capacity nearly every night, housing **170** men, and up to 200 during weather emergencies.

Together, the men's shelter and Family Ministry Center distributed **\$798,859** worth of clothing and household items.



Restoration & Transformation Program

Central Union Mission's Restoration & Transformation Program is

designed to create long-term, systemic change in the lives of participants by working on the whole man—his mental, emotional, spiritual, physical and vocational condition. We also address addiction and provide job training and education.



New in 2018, Pathways to Employment boot camp gives participants networking, interviewing and other soft-job skills needed to secure and sustain employment.



*The Restoration & Transformation Program provided a full spectrum of services for **87** men, individualized according to participants' needs.*



Operation Christmas Miracle donors provided gifts for neighborhood children to make their Christmas bright and to help parents stretch their wages.

Children are ready to learn with Operation Backpack school supplies.

Women, Families and Seniors

At the Family Ministry Center, we distribute groceries and clothing, but we also provide a number of services to help keep families at-risk of homelessness off the street, including computer training, legal aid, ESOL classes, Bible studies, life skills classes, services for senior citizens, baby showers, Christmas gifts, Thanksgiving supplies and more.



2200 children in need received Christmas presents, and **480** received backpacks and supplies to start the school year right.



Camp Bennett

312 children spent a week at our Camp Bennett in Brookeville, MD, giving them a nature experience outside of an urban setting and allowing them to make new friends and hear the Gospel message.



Camp Bennett campers slept in cabins, did arts and crafts, made new friends, swam in the pool, interacted with animals; some experienced their first time away from home.



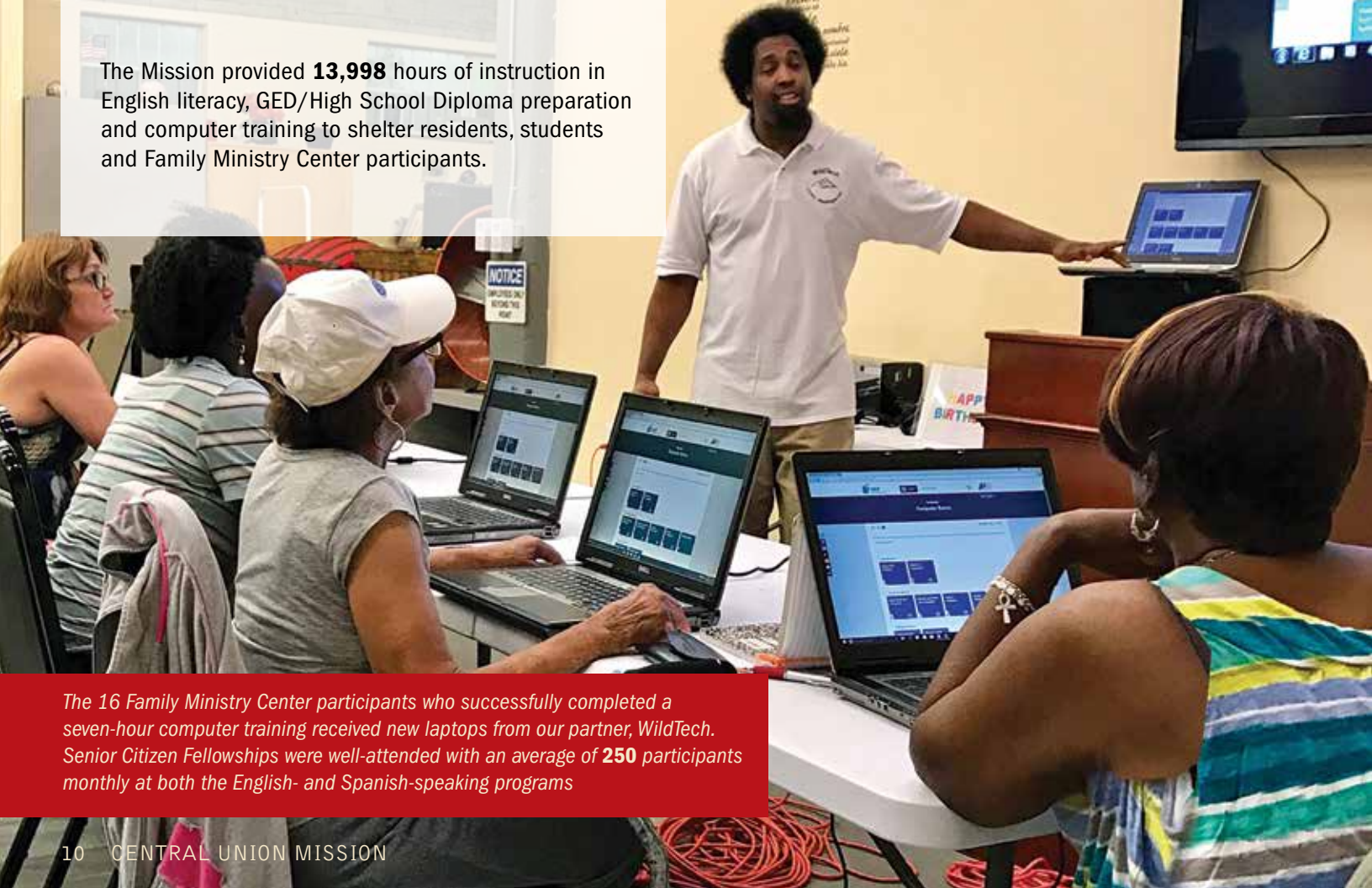
Ready2Work participant James Shipman is employed with the Clean Team, which keeps the Mount Vernon Triangle Community Improvement District and five other business areas attractive and safe.

Education and Employment

Critical to their future success, 269 people participated in one of the Mission's Workforce Development & Education programs, which provides opportunities to attain a high school diploma, skill certifications, life-skills, hard and soft job skills and long term employment placement.



Central Union Mission is committed to helping veterans access the care and government-provided services they deserve. Veterans participating in the Restoration & Transformation Program can bunk in the Veteran's Suite, which provides additional privacy.



The Mission provided **13,998** hours of instruction in English literacy, GED/High School Diploma preparation and computer training to shelter residents, students and Family Ministry Center participants.

*The 16 Family Ministry Center participants who successfully completed a seven-hour computer training received new laptops from our partner, WildTech. Senior Citizen Fellowships were well-attended with an average of **250** participants monthly at both the English- and Spanish-speaking programs*



Through the Mission's workforce development program and the generosity of Mission partner Passport Auto Group, Khotso Tswaedi began a full-time job with benefits at BMW Passport Auto in Maryland. He is working in the parts shipping and receiving department. Khotso states, "The Mission was not just a place to stay; it was how to find myself and get back my relationship with God again. Anything is possible with God." Amazingly, what's possible for Khotso now includes studying cybersecurity at University of Maryland University College this fall.

72 program participants found permanent housing this year, and **119** were employed in jobs outside the Mission.

Khotso Tswaedi (center) with Rev. Ron Stanley, vice president for men's ministry, and Mission President Joe Mettimano.

Social Work and Health Care

5,345 counseling sessions were provided to help men with their internal struggles, as well as for housing opportunities and education and employment services tailored to each man's needs



Senior Director of Social Work Shirley Johnson works with Mission program participants and overnight guests, including veterans, to access the resources they need.



Partnering with Unity Healthcare, the Mission provides medical evaluations in our on-site examination room.

1,865 medical and dental exams and legal consultations were provided



Volunteers and Donors

The Mission is grateful for the **4,876** volunteer visits and **7,353** hours of volunteer work donated in 2018.



Generous supporters donated **\$16,582,819** in money and gifts-in-kind. Mission donors bequeathed **\$211,166** in legacy gifts this year. We are grateful to these friends and organizations that contributed critical goods, services and financial support.



Radio celebrity Donnie Simpson and his wife Pamela (left), two of our favorite volunteers, visited with the guests at our Show Some Love event. Other volunteers served meals, made beds, taught classes and organized donations of food and clothing at the Family Ministry Center.



The Mission is grateful to Safeway Foundation and other corporate partners for their critical sponsorship this year.

Events

Thanks to our Show Some Love Sponsors



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Show Some Love weekend brought Christmas spirit to our shelter guests. A Christmas concert, haircuts and grooming, fresh clothes, a festive party and a health fair helped to make the season bright for men experiencing homelessness. Thanks to Sharnikya Howard and Chrystal Greene, event coordinators, our sponsors and the volunteers who made it all happen!



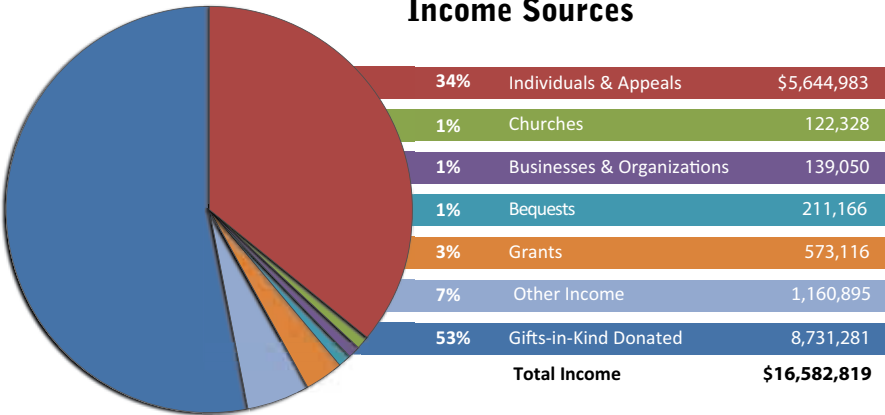
In June, over 600 guests showed their support for the Mission—and congratulated David Treadwell (third from left) on his retirement as our executive director after 20 years—at a gala at the Fairview Marriot in Falls Church, VA.

Financial Report

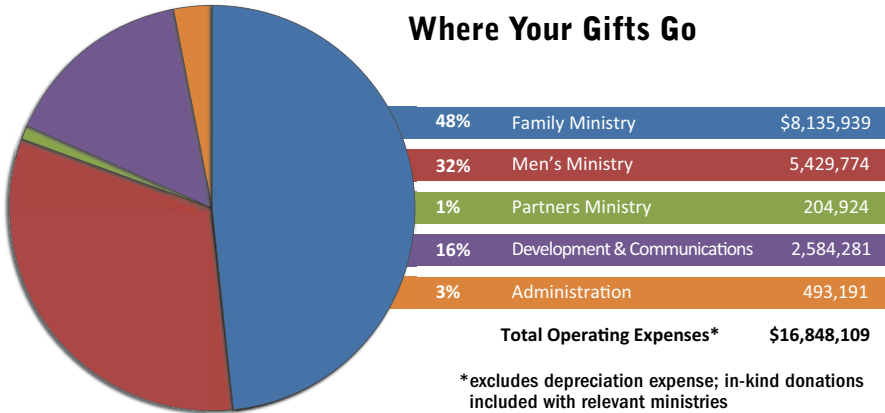


Rev. Deborah Chambers (second from right) hosts supporters at a Taste of the Mission donor luncheon and tour event.

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