# What's in a box of Mission Muffins?

Of course, each box contains fresh, handmade muffins produced, marketed and sold by men participating in Central Union Mission's Ready2Cook Workforce Development Program.

Each box is also full of hope: Hope for a future. Hope for a better life. Hope for freedom from the things that keep men chained to the past.

Your purchases help give that hope.

Our delicious baked goods come in a variety of flavors, sizes and quantities. We offer several delivery and pick-up options—including ordering the night before for pick-up as you pass Central Union Mission on your way to work the next morning.

Visit us at missionmuffins.org to order, and help change a homeless man's life.

## A Few of Our Delicious Muffin Flavors

#### Singin' the Bluesberry

Delicious blueberry muffins full of, well, full of blueberries and bursting with flavor! You'll surely be singing the blues—when they're GONE.

#### Oh, My Darlin' Cranberry-Clementine

Cranberries and clemintines in a delicious muffin. Now try to get the tune out of your head!

#### **Chocoholics Unanimous**

A rich, chocolaty muffin loaded with semi-sweet mini chips. It's unanimous: this is definitely for all you chocoholics.

#### If Elvis Ate Muffins

A scrumptious peanut butter and banana muffin that would surely get the King's approval.

#### The Lemon Thrill On Blueberry Hill A delicious blueberry

muffin. Pureed lemon and bountiful berries make it a truly thrilling experience!

## Scones

Lemon Scones Very Pretty Named after a song written by Will Holt and popularized by the likes of Peter, Paul & Mary, Trini Lopez and The Kingston Trio, this delightful lemon scone will prove that the fruit of the lemon



tree is not impossible to eat—at least, not after we get through with it!

Sarah's Pumpkin Patch

them all year long!

#### I Guess That's Why They Call It the Bluesberry Scone

Elton John wrote the song, and we made the scone. One bite, and you'll be humming the tune and asking for more!

#### Under the Cinnamon Tree

Like the lyrics in Esperanza Spalding's song, "For spice when days are dull and dreary"—or even when they're bright and sunny—our cinnamon chip scone and a cup of Mission Mud is the perfect way to start any day.

## Savory or Sweet Handheld Pies

Exclusively at our concessions truck: breakfast, lunch and fruit-filled handheld pies. Select from rich pastry-covered egg and cheese, spicy meat and crispy dessert pillows for a memorable meal.

### Our Very Own Mission Mud

You'll love our Mission Mud coffee, specially roasted just for us, in a hot cup to go or whole beans for home. Little kids play in the mud. Grown ups drink it!

## We also have Vegan Muffins!

Sarah gave us the recipe for these delicious

pumpkin muffins that are fragrant with spices.

Too good to just bring out in the fall, so enjoy

## Our Muffins' Mission

As part of Central Union Mission's Ready2Cook program, our employees learn baking, retail, marketing and business skills that make them ready for the job market. During their training period, we work with local businesses and agencies to find the men permanent employment or entrepreneurial opportunities. Employees live and eat at the Mission at no cost and save their wages for permanent housing.

At Mission Muffins, we believe we can replace dependence (Will Work for Food) with responsibility (Will Work for My Future), pairing the employee's potential with his or her determination to succeed. Regardless of the past—poverty, abuse, addiction, illiteracy, violence, ill health, prison, etc.—we believe each person can have a purposeful future.

Every time you purchase one of our delicious foods or gifts, not only are you getting the best baked goods money can buy, but you are helping to train and equip a homeless or unemployed individual to return to society.

Who would have thought that doing good could taste so good?

Muffins with a Mission can change a person's life.

To order, visit missionmuffins.org.

# MISSIONMuffins

A Central Union Mission Workforce Development Program

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# Can Muffins have a Mission? Ours Do!

Our muffins empower homeless and jobless people to start new lives full of hope, meaning and achievement.