

THE central union MISSION **Missionary**

December 2016

A publication of Central Union Mission • missiondc.org

*Serving
neighbors,
changing
lives*

Hopeless No Longer

What Actual Guests Say About
Central Union Mission



Mareo
Jeffreys

► “BEFORE I CAME TO CENTRAL UNION MISSION, I was a big time alcoholic. I kept getting DUIs. Once I finally found a job I thought all my problems would be

solved, but they weren't. So that really let me know that the problem was inside of me. That's when my grandmother told me about Central Union Mission. It's been such a life changer for me because I met so many men here who were not only about changing lives but also the way you see the world as well. It's not only 'what can you do to get yourself together?' but also 'what can you do to help others around you?' That's what I intend on doing. That's why I really want to pursue a PhD in chemistry.”

Demetris
Sims

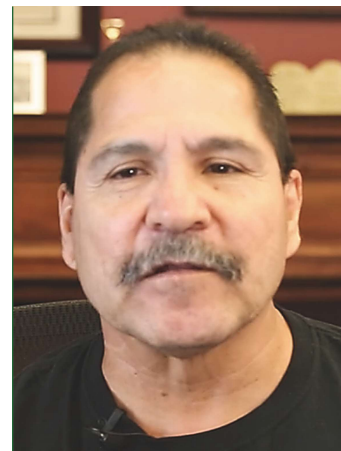
► “WITHOUT THIS MISSION I would be lost, hopeless, helpless. This place has given me shelter, three meals a day. I can take a shower! Where and how I was living before, a shower wasn't part of my life. This place has done more for me than I can ever



imagine doing for myself. I can smile. I love me! I never loved me before. I love me because I'm a better person today. I had a drug addiction—no longer. I had a woman addiction—no longer. I had a sleeping-on-the-corner addiction—no longer. The person you see sitting in front of you now is not the person who walked through these doors—I can guarantee. Thank you, Lord. Thank you, Central Union Mission.”

#onemillionmeals

Gabe
Flores



► “MY LIFE WAS TOTALLY broken. I came here and feel a lot of hope now. It's a blessing because I've got a warm bed to sleep in, clothes, food—everything I need. I highly recommend this place to people who are broken and want to get their life back together.”

These are just three of the many recovered lives your generous contributions have helped this year. At this blessed Christmas season, please include Central Union Mission and our needy neighbors in your year-end giving. With your help, we can change lives and provide #onemillionmeals this winter.

More Good News Inside!

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Eat Your Greens!



RESEARCHERS AT TEXAS A&M UNIVERSITY recently found that adults who want their children to eat more greens should remove any other delicious “competition” from their child’s plate. By serving a veggie first and alone, when children are at their hungriest, they’re more likely to eat the healthy option put before them. Good parents and grandparents want what’s best for the children they love—from the inside out. This includes physical and emotional health, as well as providing a generational legacy of faith.

Another way you can give your best is by creating an Estate Plan that will bless your loved ones and ministries you care about like Central Union Mission. It can also help to:

- Mitigate unnecessary taxation. Certain assets carry higher tax implications than others. Consider leaving lesser taxed items like life insurance for your heirs and retirement assets to a non-profit organization.
- Eliminate potential stress and create peace. An up-to-date Will allows you to put your financial house in order. This can help your loved ones avoid unnecessary emotional or relationship strain.

For the full version of this article, request a FREE copy of

The Greatest Gift You Can Give Those You Love

by contacting Minister Deborah Chambers from Central Union Mission at 202-745-7118, ext. 227 or dchambers@missiondc.org or bless your family today with a God-honoring Will at christianwill.org/missiondc.

From the Executive Director At Christmas, Doubly Blessed

WE JUST LOVE CHRISTMAS here at Central Union Mission! In addition to honoring God’s gift of His Son, Jesus, we get to celebrate the gift of renovated lives for our Overnight Guests. For many, this Christmas will be the first in a long time—or ever—to understand God’s love. They’ll discover how their devotion to Him and hard work in the Mission’s job and education programs can bring them a fulfilled future.

That bright promise is more important than any Christmas present they could receive, and it can only come from you. We rely on our faithful donors because the Mission is privately funded; we don’t receive any contributions from city or federal government.

We’re also excited about moving our Food PLUS Center full of groceries, clothes, housewares and furniture into a larger

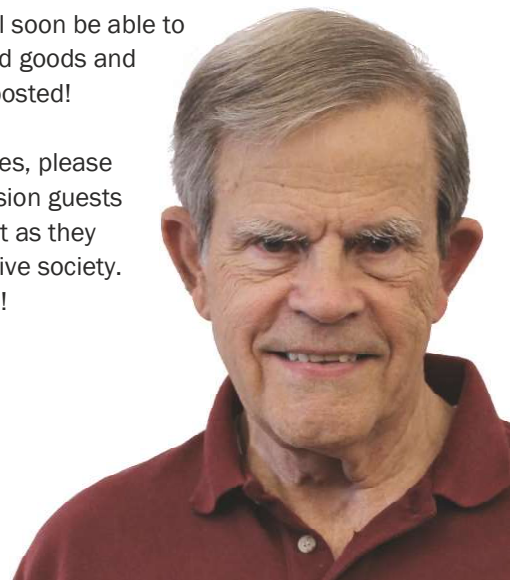
building up the road. We’ll soon be able to accept even more donated goods and furniture; we’ll keep you posted!

As the year-end approaches, please continue to bless our Mission guests with your financial support as they strive to return to productive society. We are so grateful for you!

Blessings,

A handwritten signature in dark ink, appearing to read "Dave".

David Treadwell
executive director



HEART & SOLE WAS AN EVENING TO REMEMBER. On October 27, 2016, Dock5 at Union Market was at capacity with Mission supporters enjoying gourmet tastings, signature cocktails and satisfying sweets prepared by “Hell’s Kitchen” winner celebrity Chef Rock Harper and thirty of his creative chef friends. Guests cheered on the “Chopped”-style



Chef Keema and her sous chef offered autumn delicacies like Bourbon Harvest Bisque inspired by Nike Huaraches.

cooking competition with celebrity sous chefs and the Extreme Sweets Showcase by young Food Network chefs moderated by SugaChef Padua Player.

We also heard the talented band Buzzard Point Caucus and bid on unique auction gifts and experiences. Some guests mingled in the VIP Lounge; others took silly photos at the Mad Props photo booth. We watched delightedly as fine artists created artworks right before

our eyes. Check out heartandsole.today for event photos; maybe you’ll see one of yourself!

But more important than the amazing fun, HeArt & Sole participants helped provide one million meals and care for hungry, hurting and homeless neighbors in need. Central Union Mission is grateful to our host committee, honorary host committee, board of directors and volunteers who gave up their time and effort to make HeArt & Sole the best—and most compassionate—party of the year!

Radio Host Sunni serves as sous chef during the “Chopped”-style competition.



Steven and Judi Frazier get a “kick” out of the Louboutin pumps-themed Prince Edward Island mussels created by Chef Terence Tomlin.

One Million Meals Begin at HeArt & Sole

Many Thanks to Our Sponsors!

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They Need More Than Good Cheer

FOR SOME HOMELESS PEOPLE in Washington, DC, Christmas is nothing more than another short, cold day in their struggle to survive on the streets. Because of your support, our needy neighbors can enjoy not only a festive meal but also the hope that comes from loving God and the future that the Mission's employment programs provide.



Your gift to Central Union Mission makes new lives possible for hungry and desperate souls. Please send your donation today.

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THE Missionary

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A copy of Central Union Mission's current financial report is available upon request by writing to 2600 12th St., NE, Washington, DC 20018 or by calling 202-745-7118. In Maryland, copies of documents and information submitted by Central Union Mission are available for the cost of copies and postage from the Secretary of State, Statehouse, Annapolis, MD 21410, 401-974-5534. In Virginia, a financial statement for the most recent fiscal year is available upon request from the State Division of Consumer Affairs, P.O. Box 1163, Richmond, VA 23209, 804-786-1343.

Thanksgiving Dinner

November 24, 2016

12:00 pm and 5:00 pm

Serving turkey with all the trimmings to our neighbors.

Taste of the Mission

December 8, 2016

12:00 noon

Want to learn more about the Mission? RSVP for this free, informative lunch at missiondc.org.

Operation Christmas Miracle

December 17, 2017

9:00 am

Please help distribute gifts to needy children.

Seniors Luncheon

December 9, 2016; January

20, 2017; January 27 and

February 24, 2017, in Spanish

9:30 am

You can help serve seniors as they enjoy fellowship and a delicious meal.

Christmas Banquet

December 25, 2017

5:00 pm

Help serve a festive meal to our guests and students.

Martin Luther King, Jr. Day Celebration

January 16, 2017

12:00 pm

Join our guests for this special commemoration luncheon.

Souper Bowl Party

February 5, 2017

5:00 pm

You can help serve our guests soup and snacks for the Big Game.

Join Us!

To volunteer for an event, please register at missiondc.org/volunteer

Your Year-End Gift Will Change Lives

Please use my donation of:

- ☐ \$15 to feed and care for 7 guests
- ☐ \$30 for 14 guests
- ☐ \$50 for 24 guests
- ☐ \$150 for 72 guests
- ☐ \$_____ to serve as many as possible

Your gift is tax-deductible to the full extent of the law. We'll send a receipt for your records. Please make checks payable to "Central Union Mission." To donate by credit card, please see our website at missiondc.org.

Central Union Mission

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Washington, DC 20018
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God bless you for caring!



#85786



#9617

NEWSL16



Name _____

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